"When I first entered The Shelter, everything was a blur. I cried a lot. It was like there was trauma to my soul that I didn't recognize until I took part in the groups. Eventually, I made decisions. I had a sense of empowerment. The staff doesn't do things for you, but they assist and guide you to the resources you need to move forward."

Ellen (with Cocoa & Maddie)



ONGOING ESSENTIALS

ADULT NEEDS

- Shampoo & conditioner
- Mousse & hair gel
- Body wash (full size)
- Twin and queen size bed linens
- Towels & washcloths (all sizes)
- Pajamas (all sizes)
- Plastic dinnerware/tumblers
- Deodorant
- Cooking & baking pans
- Toilet Paper & paper towels
- Toothbrushes, toothpaste and mouthwash (full size)
- Facial tissue
- Toothpaste
- Pillows
- Planners and journals
- Disposable razors
- Underwear and bras (all sizes)
- Basic skin care (lotions, cleanser, moisturizer and sunscreen)
- Dish detergent
- Hand-held Can openers
- Combs & hairbrushes
- Clothing & lounge wear in sizes 6-16
- Sweaters
- Shoes and flip flops in all sizes

Yoga mats

CHILDREN'S NEEDS

- Baby clothes (6-24 months)
- Children's clothes (2T-5T)
- Formula – all varieties
- Strollers (regular & umbrella)
- Car seats
- Shoes (all sizes)
- Socks (all sizes)
- Diapers – (sizes 2-5)
- Baby wipes
- Pajamas (all sizes)
- Underwear (all sizes)
- Diaper Bags
- Sippy cups

OUTREACH NEEDS

- Used cell phones
- Phone cards
- Gas cards
- CAT bus tickets
- Gift certificates to Wal-Mart, Publix, Target

PANTRY NEEDS

- Tuna, ham, chicken
- Soups
- Pasta and pasta sauce
- Salt & pepper
- Powdered creamer
- Sugar
- Rice
- Peanut butter & jelly
- Juice
- Fruit snacks
- Coffee (instant, regular, & decaffeinated)
- Regular coffee filters for 12-cup
- Tea bags
- Powdered drinks
- Cereal
- Assorted canned fruits & vegetables
- Macaroni and cheese
- Canned chili, canned ham (Spam)
- Oatmeal
- Ketchup, mayonnaise, mustard
- Juice boxes
- Ramen noodles
- Fresh fruits & vegetables
- Milk , bread and eggs

PET SHELTER NEEDS

- Dog & cat food
- Pet shampoo & conditioner
- Cat liter, liners and dog waste bags
- Beds, blankets, carriers

Use QR code to purchase on Amazon

$300 – Sponsor one average family's food, toiletries, and household items for one week in the emergency shelter.

$500 – Sponsor some Shelter joy - fresh vegetables & fruit, milk, a birthday party, a cook out, a trip to the beach.

DROP OFF LOCATION—The Shelter Options Shoppe, 968 Second Avenue North, Naples, FL 34102 ~ 239-775-3862

CLICK HERE TO ORDER ON AMAZON