

You almost had me die for love A love that was untrue, With dazzling smiles and wicked lies I'd fallen hard for you.

The talks, the walks just trauma bonds To groom me how you'd like, To build me up your perfect prey Then hurt me out of spite.

Red flags and signs were posted clear Many I chose to ignore, The countless days you'd make me fear The bruises and the sores.

Eschewed & shunned from those I loved Who's advice I had not taken, I just could not see it for what it was Although my soul was breaking.

To alter you said we should go And foolishly, I thought things would change, 5x times I'd bear your children Yet things remained the same.

> Years past and youth now fleeting I've embraced this as our lives, Empty shells and masks we'd wear Exchanging peace for strife.

But the straw that broke this camel's back Would be your last violent act, Grandparents we were destined to be Even that you'd take away from me? I thought I'd lost my sanity!

But buried deep, deep, down inside Was a will to live and thrive, The worst of all your wicked/sullen lies Was that I needed you to survive?

So now I stand so loud and clear In my true voice that's spoken here, I denounce your love and all it resembles Your presence no longer makes me tremble.

For this, my basic human right
That I am worthy of peace and light,
Boundaries now replacing false hindsight
With SUPPORT and SELF-LOVE I'll be airight.

You almost had me die for love A love that was untrue, How sad and empty you must NOW feel Now that I've BROKEN THROUGH!

• END