

Neapolitan

HEALTH | CLASSIFIED

■ **Coachella chic** Cashing in on festival style. **9D**

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GREGG PACHKOWSKI/SPECIAL TO THE DAILY NEWS (3)

Cyclists Colin Estrem, from left, Gordon Kellam and Glen Schwesinger embark on the Ride for the Shelter on Saturday in Naples. The three Naples residents are riding from Naples to Washington, D.C. to raise money for the Shelter for Abused Women & Children.

Schwesinger, from left, Estrem and Kellam wave to the crowd before starting the Ride for the Shelter.



RIDE for a REASON

■ Gentle'men bike to Washington to end domestic violence

By Kristine Gill
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Monitor the trio's ride and make donations to the shelter.

Three men left Seventh Avenue Social on Saturday morning on bikes. Collier deputies escorted them north to the county line for the first few miles of their journey. They'd be on their own for the next 1,200.

By now, they're four days into a 12-day ride from Naples to Washington, D.C. And they're doing it all for a cause they say more men need to get behind: ending domestic violence.

"Domestic violence accounts for 40 percent of all violent crime in this county," said Gordon Kellam, one of three men riding

this week. "Homelessness is something we can see and feel, unfortunately, but domestic violence is not."

Kellam, 37, is a financial adviser and the managing director for BB&T Scott & Stringfellow. He's riding alongside Colin Estrem, the owner of Seventh Avenue Social, and Glen Schwesinger, vice president of investments with UBS Financial Services. Together, they're trying to raise \$100,000 for The Shelter for Abused Women & Children in Naples.



See BIKE, 2D Kellam preps his bike for the start of the ride.



JOE CAVARETTA/SOUTH FLORIDA SUN SENTINEL

Sisters Karla Inchingalo, left, and Rosalia Schabauer are pictured recently in their Athyntiq shop in Boca Raton.

From strangers, to sisters, to business partners

By Miriam Valverde
South Florida Sun Sentinel

BOCA RATON — The nose made her think twice.

After all, the woman who Rosalia Schabauer thought was insane, who was incessantly messaging her on Facebook, did have a familiar-looking nose, "perfectly pointed" like Schabauer's father's.

Karla Inchingalo, who lived on the other side of the country, had decided to contact Schabauer on the cusp of 2013, intent on starting a new year with a bold move. Inchingalo remembers writing something along the lines of "this is going to

sound weird, or crazy, but you are my sister."

They are half-sisters, actually — with the same father but different mothers. Neither knew the other existed until Inchingalo reached out to Schabauer.

"I totally dismissed her as crazy," said Schabauer, now 28. She regarded the initial message as spam and put her phone down, yet it kept buzzing with Inchingalo's pursuit. "But when I looked at her picture, she looked just like him. Her nose. Her chin. The way her face is shaped."

After years of messaging, phone calls, FaceTime video chats and a sibling DNA test that confirmed

they were related, the sisters met in Orlando last fall and are now roommates and business partners in Boca Raton.

They left jobs as a dental assistant and office manager to open a boutique, Athyntiq, selling women's clothing and offering alterations, makeup, hair and styling services. The name of the shop in the Royal Palm Place plaza is a play on the word "authentic" and inspired by the Greek goddess Athena.

Schabauer for years has been serving clients by going to their homes to do their makeup and provide styling

See SISTERS, 2D

BIKE
from 1D

During the ride, they'll be making stops in key cities such as Jacksonville and Charlotte, North Carolina, to talk with politicians and representatives from local shelters with the final stop in Washington, D.C.

"With Naples' wealth, we tend to think these issues don't exist," Kellam said.

Their interest in the group started a few years back while attending various fundraising events and tailgate parties through the shelter's program called Gentle'men Against Domestic Violence. The program helps raise money and support for the shelter's eight-week school outreach initiative called the Raising Gentle'men Program.

"Some of the ideas they're challenging in sessions is the media's images of men as being sort of aggressive and hyper masculine," said Linda Oberhaus, executive director of the shelter. "They look at the male image and female stereotypes and then create a new paradigm, giving boys and young men permission to talk in the world a different way."



Linda Oberhaus, executive director of the Shelter for Abused Women & Children, speaks during the ceremony kicking off the Ride for the Shelter in Naples on Saturday. Naples residents Colin Estrem, Gordon Kellam, and Glen Schwesinger will be riding from Naples to Washington, D.C., to raise money for the shelter.

Oberhaus said the Gentle'men group has doubled in attendance since it began in 2008 from 100 to 200 members.

"Domestic violence is not a woman's issue, and it truly takes a whole community to end domestic violence," Oberhaus said. "I commend all three of them."

It's not the first time the guys have done something

radical to raise money. Two years ago, Kellam and Schwesinger climbed Mount Kilimanjaro to raise money for the shelter. This time, they decided to challenge themselves by biking. None of the three are cyclists.

They've been training for the past year, spending as much time on their bikes as possible and logging back-to-back

70-mile days.

"We're prepared in a sense but we've never it done it for this length of time," Kellam said. "It's one of these moments where we'll have to figure out what our bodies are capable of."

You can monitor the trio's ride online at naplesshelter.org/ride. Donations can be made at the same site.



Colin Estrem says goodbye to his daughters Lola, 7, left, and Stella, 3, just before embarking on the Ride for the Shelter in Naples on Saturday.

SISTERS
from 1D

assistance. Inchingalo said she's always had an entrepreneurial spirit and, as she got to know Schabauer and learned more about her projects, decided to team up to turn a passion into a business.

"We both learn from each other. It's a growing experience as we make different plans come to life," Inchingalo, 30, said. "We work well. We are like yin and yang."

They were born in Peru, fathered by a man who dated their

mothers at different times.

Inchingalo's mother got pregnant but never told the father and they parted ways. She and her daughter left Peru to live in California when Inchingalo was still small.

Schabauer's parents then married, and she grew up with them in Peru. She was 7 when they moved to Weston. They divorced six years later.

Given the secrets in the families, the two sisters might never have found each other. Schabauer's mother never knew about her husband's other child, and Inchingalo never knew her father's name.

When a family friend revealed it, Inchingalo turned to the place a friend had gone to find her own father: Facebook. That's where she found her father's page. And a reference to his other daughter. And that's when the messaging began.

"This is going to sound weird, or crazy, but you are my sister."

The conversation was uncomfortable for Schabauer's mother, Roxana Scaffidi, of Deerfield Beach. She was afraid her daughter would be hurt if Inchingalo did not turn out to be family, she said.

But now, "I think it's really great she has found someone

who understands her," Scaffidi said.

Scaffidi has learned to love Karla and supports the sisters in their new business venture.

"They are doing everything for their future," Scaffidi said.

The sisters also have learned they love the same Netflix shows, enjoy the same kind of food and both laugh so loud "it can be heard all the way to China," Schabauer said.

Although Inchingalo has found a sister in South Florida, she still hasn't spoken to her father. The sisters say they don't want to press him into a relationship and hope that in time he'll

get to know Inchingalo.

"I'm not trying to rush into anything. I was looking for something and I really, really found it," Inchingalo said, glancing at her sister. "Not in the form that I would have expected ... my happy ending turned out, I met my sister, it's amazing. We are starting a journey that's going to change things."

Schabauer says she sometimes teases her sister about her nose, like she used to tease her father.

Inchingalo is happy her nose somehow led her to a new family and even to a new business.

"What if I had gotten a nose job?" she joked.

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