

"When I first entered The Shelter, everything was a blur. I cried a lot. It was like there was trauma to my soul that I didn't recognize until I took part in the groups. Eventually, I made decisions. I had a sense of empowerment. The staff doesn't do things for you, but they assist and guide you to the resources you need to move forward."

Ellen (with Cocoa & Maddie)



ONGOING ESSENTIALS

ADULT NEEDS

- Shampoo & Conditioner
- Soap
- Twin size bed linens
- Umbrellas
- Towels & washcloths (all sizes)
- Sleep shirts
- Plastic dinnerware/tumblers
- Deodorant, razors
- Cooking & baking pans
- Tampons
- Toilet Paper & paper towels
- Toothbrushes
- Facial Tissue
- Toothpaste
- Pillows
- Mouthwash
- Dish detergent
- Diapers (large sizes)
- Hand-Held Can Openers
- Combs & hairbrushes

CHILDREN'S NEEDS

- Baby clothes
- Children's clothes
- Non-violent toys

- Formula – all varieties
- Strollers
- Car seats
- Shoes- all sizes
- Socks- all sizes
- Diapers – (especially size 5&6)
- Pajamas- all sizes
- Underwear- all sizes
- Pacifiers
- Baby bottles & sippy cups

OUTREACH NEEDS

- Used cell phones
- Phone cards
- Gas cards
- CAT bus tickets
- Gift certificates to Payless, Wal-Mart, Publix, Target

PANTRY NEEDS

- Tuna, Ham, Chicken
- Soups
- Pasta
- Salt & Pepper
- Sugar
- Rice
- Peanut Butter & Jelly

- Juice
- Coffee
- Cereal
- Canned food
- Oatmeal
- Ketchup, Mayonnaise, Mustard
- Juice Boxes
- Ramen Noodles
- Fresh Fruits & Vegetables
- Milk

PET SHELTER NEEDS

- Dog & cat food
- Pet shampoo & conditioner
- Cat litter & litter boxes
- Bowls—toys—snacks—chew bones
- Beds, blankets, carriers
- Collars—leashes

THRIFT SHOP NEEDS

- Furniture in good clean condition
- Household items
- Clothing in good clean condition
- Jewelry, Shoes, Books

\$300 – Sponsor one average family's food, toiletries, and household items for one week in the emergency shelter.

\$500 – Sponsor some Shelter Joy - Fresh Vegetables & fruit, milk, a birthday party, a cook out, a trip to the beach.

DROP OFF LOCATION—The Shelter Options Shoppe, 968 Second Avenue North, Naples, FL 34102 ~ 239-775-3862