

Neapolitan

GULF LIFE | CLASSIFIED

Saturday, January 3, 2015

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SAMUEL WILSON/STAFF (2)

Joe and Marcia Gasparovic of Naples peruse the floral offerings of Willow Head Nursery recently at St. Monica's Episcopal Church farmers market in North Naples.

Mission markets



Carol Cavallaro laughs while talking to a customer under the tent of her crafts booth.

Area churches fund outreach services with money raised at farmers markets

By **Jean Amodia**
Daily News Correspondent; 239-213-5365

naplesnews.com

For a photo gallery.

Farmers markets provide bargains and good eating — and also benefit church outreach programs.

Whether it's adding to the coffers of local charitable organizations or funding equipment for a children's shelter in the Dominican Republic, the income from your produce purchase has a far reach. Three area Episcopal churches have seen just how far it can go.

For five years running, St. Monica's Episcopal Church in North Naples has

hosted a bustling farmers market. It averaged 100 cars, as many as 200 visitors one day last season, said Tom Hughes, a first-year chairman and an event volunteer for the past two years. This year he is joined by Cathy Crevier and a dozen church volunteers who serve as greeters and assist in parking lot duties.

On its October opening day, the market

See **MARKETS, 4D**

Couponer, Girl Scouts team up to help Shelter for Abused Women and Children

By **Kelly Farrell**
Daily News Correspondent; 239-213-5365

A Naples resident found a way to collect coupons for a cause.

Kelley Sartori, 51, turned what some find tedious and time-consuming into an opportunity to give — one that benefitted The Shelter for Abused Women and Children and taught math skills to a group of Girl Scouts.

Sartori's daughter, Jocelynn Collins, who is a troop leader, and Sartori's granddaughter, Hailey Collins, 8, were among the first to get together to learn about couponing and potentially earn badges while improving math skills. The troop also learned finance and organizational skills through couponing.

"My granddaughter loves to go couponing with me. She works her own deals," Sartori said.

The girls and Sartori began gathering their donation — collected and expanded through

“This was pretty unique. It's not something we've seen here before. It's very creative and it shows everyone in our community can make a difference.”

Linda Oberhaus, executive director for The Shelter for Abused Women and Children

coupon clipping — in the months before the December holidays. Sartori collected cash donations from colleagues and friends. She then made a small cash contribution totaling just less than \$100 in cash. Sartori was able to purchase more than \$400 worth



DAVID ALBERS/STAFF

Local Girl Scouts Hailey Collins, 8, left, and Addie Boliek, 9, recently pack donated goods for The Shelter for Abused Women and Children. Kelley Sartori, Collins' grandmother, is an avid coupon clipper.

of goods for less than \$100 because of all the coupons she and the girls gathered, organized and

calculated. The donation was delivered just before Christmas to a full shelter.

naplesnews.com

See a photo gallery.

"This was pretty unique. It's not something we've seen here before. It's very creative and it shows everyone in our community can make a difference," said Linda Oberhaus, executive director for The Shelter for Abused Women & Children in Naples.

The donation, made up largely of food gathered through coupons, fit a great need and came at a perfect time, Oberhaus added.

There are about 60 people in the shelter now, including 27 children, all being fed breakfast, lunch and dinner. Adding up to about 180 meals served daily, food is something the shelter goes through, she said.

NO LONGER A NOVICE

Sartori became so good at

See **COUPONS, 2D**

GET OUT
AND PLAN YOUR DAY

TODAY: This is the last family activity day for the intriguing "Folding Paper — The Infinite Possibilities of Origami" exhibit. 1:30-3:30 p.m., Centers for the Performing Arts, 26100 Old 41 Road, Bonita Springs. Free. 239-495-8989



TODAY AND SUNDAY: Make it an artful weekend at the New Year's Art Fair: 10 a.m.-5 p.m. up and down Fifth Avenue South, Naples, (naplesart.org), and at the Estero Fine Art Show: 10 a.m.-5 p.m. Jan. 3-4, Miromar Design Center, 10800 Corkscrew Road, Estero. Free admission to both events.



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COUPONS
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using coupons that she has actually made money while shopping.

"The largest amount I made was \$40. My husband, Tony, he says he doesn't want to go shopping with me. When I got that \$40 back, he said: 'Now, I get it,'" Sartori recalled.

She jokes about the couple's shopping style challenges.

"I don't want to walk out of the house without a coupon. If he starts just throwing things into the buggy and it's something I had the coupon for..." Sartori trails off.

The savvy shopper has saved thousands each year and became a backup pantry to her nearby adult children when they need quick supplies. However, those couponing skills took time to develop, she said.

"About three to four years ago, I just wanted to know if I could do it. The first couple times at the register were horrifying experiences. I didn't know the coupon policies. In the beginning, it took hours to do it," Sartori said.

After gaining experience and saving hundreds each month for her family and extended family, she decided to put together a book, "Coupons De-



DAVID ALBERS/STAFF (2)

Girl Scouts Addie Boliek, 9, and Hailey Collins, 8, at center, pose for a photo with family members after delivering their Brownie troop's donated goods to the Shelter for Abused Women and Children on Dec. 18. Kelley Sartori, Collins' grandmother, is an avid coupon clipper with a book coming out soon on the subject.

The savvy shopper has saved thousands each year and became a backup pantry to her nearby adult children when they need quick supplies. However, those couponing skills took time to develop, she said.

coded," and a website so that others can skip the challenges she faced and launch right into savings with coupons.

Andi Boliek, a Naples resident and one of Sartori's co-workers at a Na-

ples chiropractic office, is eager for the website. Boliek's daughter, Addison, also a Girl Scout, took to couponing quickly with Sartori. Boliek seeks to gain more skills to make the process more efficient

for her family's savings long-term.

"Addison was excited and thought it was neat. She was excited to do the cutting. Addison says: 'Let's go! I want to cut more coupons,'" Boliek said.

Boliek said it's still too time-consuming for her. She is waiting for Sartori's website, www.CouponDecoded.Cash, to fully launch, so that she can just copy the deals Sartori has found.

"I'd like to learn how to do the couponing, too. I just don't think I have



A box of donated bathing supplies awaits delivery to the Shelter for Abused Women and Children.

the time to sit and get organized, but (Sartori) is great at it. It would help me to figure out how to sort it out," said Boliek.

GOING PUBLIC

Sartori has partnered with local publisher and marketing firm, GT5, which was recently in a three-day workshop with other businesses across the nation, and, of the group participating, GT5 was voted most likely to become the next million-dollar or multi-million-dollar business.

GT5 is publishing Sartori's book, "Coupons Decoded: Clipping Your Way to Wealth Through Savings," which will become available for the first time at an event celebrating GT5's success. The event is the Celebration for World Champion Millionaire

Maker Party, 5:30 to 8:30 p.m., Jan. 22, at GT5 publishers in VentureX, Mercato, 9128 Strada Place. Sartori will also sell the book through her website.

In the meantime, Sartori offered these quick couponing tips:

■ "Stack," or piggyback, coupons from individual stores with manufacturer coupons.

■ Use coupons on trial or travel sizes, when permitted, to get them free or at minimal cost.

■ Use price matching from other stores to get the lowest price where you're shopping, and then apply coupons after the price match.

■ Use manufacturer coupons at dollar stores.

■ Use coupons on clearance items.

■ Stock up on non-perishables.

The Moorings Presbyterian Church



Sunday, January 4
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Ephesians 1: 3-14

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Happy New Year

By Rev. Dr. Jack Haberer, Pastor,
Vanderbilt Presbyterian Church

Three days into the New Year. We begin again.

The simple prospect of starting anew makes New Year celebrations a whole lot more than late night parties, football games and pizza. The instinct to set resolutions sends new registrants into gyms and weight loss programs. For those who enjoyed earlier months with loved ones up north, the New Year prods an annual southward migration to rejuvenate in the warm breezes of places like Naples.

But the New Year's best intentions have a way of losing their steam -- maybe in March or even in February. Who knows? Maybe even by January 3!

Dare we to hope that, this time around, we'll actually write that book, paint that landscape, keep that daily log, read that whole Bible, break that bad habit, control that appetite, or follow through with that community project?

One common denominator shared in

our religious traditions, whether Jewish or Muslim, Catholic or Protestant, Orthodox or Pentecostal, is that we know that the God in whom we believe extends forgiveness to us as we express our apologies, our "confession of sin." Another common denominator is that we believe that that God also empowers us to do otherwise than we have done before.

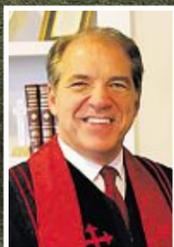
That means that we can change direction buoyed by the solid assurance that the past has been resolved (all the more so, if we also express an apology to other humans, as may well be needed), and that the future possibilities open before us with a real prospect of change.

"Behold I am doing a new thing! Now it springs up; do you not perceive it?" So records the Prophet Isaiah in the Hebrew Scriptures that are read in synagogue, church and mosque.

Scripture says it. That settles it. So let us all begin again.



GUEST CONTRIBUTOR

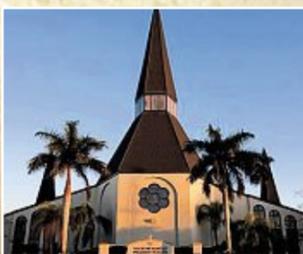


Rev. Dr. Jack Haberer
Vanderbilt Presbyterian Church

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